This booklet is part of a range of publications offered to parents to support them. Please do not hesitate to talk to a member of staff if you would like further guidance or support.



## Booklets in this range:

- 1. Tips on good listening.
- 2. How to give children more confidence.
- 3. Helping children to get on with each other.
- 4. Tips to remember when you need to make a stand.
- 5. Tips to try when you are asking your child to do something.
- 6. How to deal with difficult situations.
- 7. Tips on dealing with anger.
- 8. Tips on dealing with dishonesty.
- 9. Tips on dealing with tantrums.
- 10. How to help children make better choices



## Parent Survival Guides

## No. 1 Tips on Good Listening



Loving, learning, growing together with Jesus

Can you make a special time of day to listen to your child?.

Try to look at your child's eyes to show that you are listening

Make listening noises to show that you have heard.

Children need to know we are interested in what they have to say. They tend to tell us more when we say less



When it is clear what the child is feeling, give them the right words to use.

That would scare me Jack



Help the child work out what to do.

What else could you do to sort it out Hannah?



Listen to what they say but stick to what you think is right.

I know it is a good TV programme Eddie but your bedtime is 8 o'clock