

This booklet is part of a range of publications offered to parents to support them. Please do not hesitate to talk to a member of staff if you would like further guidance or support.



Booklets in this range:

1. Tips on good listening.
2. How to give children more confidence.
3. Helping children to get on with each other.
4. Tips to remember when you need to make a stand.
5. Tips to try when you are asking your child to do something.
6. How to deal with difficult situations.
7. Tips on dealing with anger.
8. Tips on dealing with dishonesty.
9. Tips on dealing with tantrums.
10. How to help children make better choices



Parent Survival Guides

No. 5

Tips to try when you are asking your child to do something



Loving, learning, growing together with Jesus

1 Say the child's name before giving an instruction.

Alex, come in now.
It's time for a bath



This way you get their attention before you speak.

2 Wait until the child is looking at you before you speak.



Jimmy, Jimmy
Look at me Jimmy

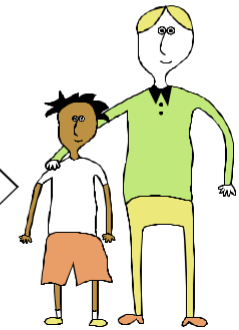
3 Keep the focus on what you asked the child to do.

Ignore all of the following
Huffing
Sulking
Butting in
Answering back
Arguing



4 Use the "Maybe" word to show you have heard their point of view and explain yours

Maybe you do want to watch the football—
but if we don't go now,
the shop will be shut.



5 Show that you expect it will be done and there is no room for argument.

Anna, can you tidy up
those books for me?
Thanks



6 Offer choices you are happy with and which help children feel they

have some say.

You need to tidy your
toys now. Shall I help
you or can you do it by



yourself