

This booklet is part of a range of publications offered to parents to support them. Please do not hesitate to talk to a member of staff if you would like further guidance or support.



Booklets in this range:

1. Tips on good listening.
2. How to give children more confidence.
3. Helping children to get on with each other.
4. Tips to remember when you need to make a stand.
5. Tips to try when you are asking your child to do something.
6. How to deal with difficult situations.
7. Tips on dealing with anger.
8. Tips on dealing with dishonesty.
9. Tips on dealing with tantrums.
10. How to help children make better choices



Parent Survival Guides

No. 2

How to give children more confidence



Loving, learning, growing together with Jesus

1. Praise your child as much as you can.

"That's great"

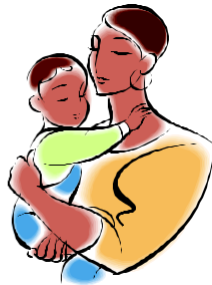
2. Good praise is when you explain what you like about something.

It really helps me out when you pick your toys up. Thanks Tom



3. Add a pleasant touch to your praise and it works even better.

I like the way you try hard to sit still at the dinner table. I know that's not easy. Well Done



4. Look for the good things your child does. Tell your child and everyone else about it.

I must remember to tell Gran how good you are at getting your pyjamas on.



5. Try to say "Yes" and "Well done" more often than you say "No" and "Stop that".



6. Give hugs, jokes and your time to your child.

