

SUPPORT SERVICES

NSPCC

www.nspcc.org.uk/preventing-abuse/keeping-children-safe/ - Guide for Parents – Keeping Children Safe. Provides information on a whole range of topics.

www.nspcc.org.uk/preventing-abuse/keeping-children-safe/underwear-rule - Let's Talk Pants

CHILDLINE: Childline: 0800 1111

www.childline.org.uk

ANTI-BULLYING ALLIANCE

www.anti-bullyingalliance.org.uk/tools-information/advice-parents - includes an interactive, anti-bullying, parent information

YOUNG MINDS

<https://youngminds.org.uk/find-help/for-parents/parents-guide-to-support-a-z/>

For information on a variety of mental health topics including anxiety

• Child Bereavement UK: 0800 02 888 40.

- Child Bereavement UK provide confidential support, information and guidance to families and professionals throughout the UK. Professionally trained bereavement support workers are available to take calls 9am – 5pm Monday-Friday

FINANCIAL ADVICE

www.moneyadvice.service.org.uk

Free and impartial money advice